

## Associate Partners:



**DGI, Danske Gymnastik -  
og Idrætsforeninger**

Danish Gymnastics &  
Sports Associations  
Vingsted Skovvej 1  
7100 Vejle, Denmark



**Športna Unija Slovenije**

SUS, Sports Union of Slovenia  
Koprska 94 a  
1000 Ljubljana, Slovenia



**UISP, Unione Italiana  
Sport Per tutti**

Italian Sports for all Union  
Largo Nino Franchellucci 73  
00155 Roma, Italy



**USEP, Union Sportive de  
l'Enseignement**

du Premier degre  
3, rue recamier 75341  
Paris Cedex 07, France



**PATHE**

Physical Activity Towards  
a Healthier Europe



**PATHE** is designed to build  
on the infrastructure of  
national associations of  
physical activity, that  
currently represent over  
70 million Europeans.

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**PATHE Period:**

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and health.*



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## PATHE Physical Activity Towards a Healthier Europe

Physical Activity Towards a Healthier Europe or **PATHE** is an **ISCA project**, that will work, together with four associate partners, to build capacity in the European Sport for All Organisations and disseminate knowledge on the use of physical activity in health initiatives.

The associate partners are **Slovenian Sports Union (SUS)**, **Unione Italiana sport per tutti (UISP)**, **Union Sportive de l'Enseignement du Premier degré (USEP)** and **Danish Gymnastics and Sports Association (DGI)**

**PATHE** actively supports and furthers the European Commission's White Paper »Strategy for Europe on Nutrition, Overweight and Obesity related health

issues«, specifically within the area of »encouraging physical activity«.

### The project plans to meet the following general objectives:

1. Build capacity within Sport for All organisations to develop effective national campaigns to make selected targeted audiences aware of the necessity to lead healthy lifestyles by doing physical activity and to broaden the availability of physical activity programmes to be goal oriented and inclusive rather than exclusive.
2. Disseminate knowledge on the promotion of health and physical activity throughout Europe.

## PATHE has four specific objectives

**Organisational Awareness Raising** - PATHE raises awareness among Sport for All organisations via targeted input of select meetings, events and publications (annual meetings, world congress, thematic seminars, Culture Sports Magazine, etc.) for ISCA members.

**Organisational Twinning** - PATHE matches associate partners experienced in developing national 'health promotion through sport' campaigns with Collaborating partners that wish to develop national campaigns.

**Best Practice** - PATHE collects documentation from national initiatives to develop a best practice handbook for the dissemination of knowledge, best practice and lessons learnt.

**Capacity Building** - PATHE builds Sport for All organisational capacity by initiating seminars and consultations to develop knowledge on health enhancing physical activity and goal oriented physical activity programmes.

## PATHE will deliver (through its 30 months project period)

- PATHE Promotional Material
- PATHE Pamphlet of Model Initiatives
- PATHE Seminar in 2008 and 2009
- PATHE Mid-Term Report
- PATHE Handbook of Best Practices
- PATHE Final Report
- PATHE Website/Online Group Tool
- PATHE Organisation Twinning Case Studies
- PATHE Closing Conference

## PATHE stakeholders

The PATHE project will invite a wide range of stakeholders to join and benefit from the initiative, including

- ICSSPE
- TAFISA
- HEPA Network
- WHO-European Regional Office
- UNESCO
- ENGSO
- CESS
- And others